

FamilyMatters

A JAFCO Support Network

At your side.

Parent Connections

FamilyMatters will facilitate free support groups for parents!

Groups will provide a safe space for emotional support and reflective listening. Topics will include setting limits, how to build independence, parenting techniques, screen time, dealing with challenging behaviors, social media, resources, self-care and internet safety.

Wednesday, September 22, 2021
Wednesday, October 20, 2021
Wednesday, November 17, 2021

Wednesday, October 6, 2021
Wednesday, November 3, 2021
Wednesday, December 1, 2021

To register for the support group series, please contact Amy Wagner, FamilyMatters Community Resource Specialist, at amy@familymattersnetwork.org or 484-385-0727.

Space is limited. | Groups will meet from 10:00-10:45am on Zoom.

